

"Stand firm, speak loud, make a difference."

Make sure you are signed up for APA Advocacy Updates, Advocacy alerts, and the Congressional Advocacy Network (CAN).

Advocacy Updates: APA's advocacy newsletter on the policies that affect your profession and patients.

Advocacy alerts: Emails

that let you know when your state or federal lawmakers need to hear from you.

To register for Advocacy Updates and alerts go to https://advocacy.psychiatry.org/sign-up-for-alertsand-update/

The APA has recently sent out several alerts in important issues such as the Medicare Paitent Access and Practice Stabilization ACT, Critical NIH Research Funding, and Telehealth flexibilities. If you haven't sent these to your legislator yet, please go

https://www.psychiatry.org/Psychiatrists/Advocac v/Advocacy-Action-Center

Congressional Advocacy Network (CAN): CAN is APA's political grassroots network - become an advocate to connect directly with your members of Congress to ensure that legislation is informed by constituent psychiatrists.

APA's goal is to help empower **YOU** to increase psychiatry's political impact, and for more members of Congress to have a personal relationship with psychiatrists, so they better understand the issues facing your practice and your patients and their families. APA's Department of Government Relations will help Congressional Advocates in all stages of this relationship building effort.

To register for Congressional Advocacy Network, go

https://www.psychiatry.org/psychiatrists/advocacy/c ongressional-advocacy-network/join

